

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  November 2019  West Park Health Center - Program Calendar						
10:15 Central Community Church 3 10:15 1:1 visits & Montessori 11:00 Catholic Communion 2:00 Remembrance Day Craft (1) 3:00 Movie Matinee with Popcorn (2) Daylight Saving Time Ends	10:30 Elim Christian Fellowship (CH) 4 11:00 1:1 visits & Montessori 2:00 Musical Hot Potato – Catch & Pass (1) 2:00 Piano Playing with Steve (2-B) 3:00 Spa Day – Manicures and Hand Massages (1&2-B)	10:00 Ladies Circle (B) 5 11:00 1:1 visits & Montessori 11:00 Stronger U Exercises (1) 2:00 Flash Bingo (B) 3:00 Bocci Ball (1-B) 3:00 iPad Visits (2)	10:00 Painting: Leaf Dot Painting (1) 6 11:00 1:1 visits & Montessori 2:00 Knitting Club with Ashley (1) 3:00 Bean Bag Toss (1)	10:00 Family Feud (1) 7 10:00 Strange News (2) 11:00 1:1 visits & Montessori 2:00 Tai Chi with Dan (1) 3:00 Music & Memories (1 & 2)	9:30 Calendar Delivery 1 10:00 Bazaar Decorating 2:00 Music Entertainment with Big Dave! (2) 3:00 Junk Drawer (2)	10:00 Bingo! (B) 2 11:00 1:1 visits & Montessori 2:00 Baker's Club (B) 3:00 Brain Teasers (1) 3:00 Music & Memories – 1970's (2)
10:15 Central Community Church 10 10:15 1:1 visits & Montessori 11:00 Catholic Communion 2:00 Wii Bowling (1) 2:00 Harvest Crafts (2) 3:00 Odd News Stories (1) 3:00 Fact or Fiction News (2)	10:30 Elim Christian Fellowship (CH) 11 11:00 Moment of Silence 2:00 Bazaar Baking (B) 3:00 Veteran Memories (1) 3:00 Reminiscing: Trip to the Bakery (2) Veterans Day (US) Remembrance Day (Canada)	10:00 Tag Tom the Turkey 12 10:00 Easy Does it Trivia(2) 11:00 1:1 visits & Montessori 11:00 Stronger U Exercises (1) 2:00 Flash Bingo (B) 3:00 Lukes (1) 3:00 Junk Drawer Detective (2)	10:00 Crosswords (1) 13 10:00 Daily Chronicles (2) 11:00 1:1 visits & Montessori 2:00 Bazaar Decorating (B) 3:00 Great Canadians (1) 3:00 EZ Music (2)	10:00 Travelogue (1) 14 10:00 Balloon Toss (2) 11:00 1:1 visits & Montessori 2:00 Tai Chi with Dan (1) 3:00 Crafter's Corner with Chelsea (1) 3:00 Music & Memories (2)	10:00 Baking (1) 15 10:00 Creative Colouring (2) 11:00 1:1 visits & Montessori 2:00 Preparing for Bazaar (B) 3:00 Preparing for Bazaar (B)	<i>Annual Snowflake Bazaar</i> <i>All Day Event</i> 
10:15 Central Community Church 17 10:15 1:1 visits & Montessori 11:00 Catholic Communion 2:00 Autumn Bingo (B) 3:00 Crafter's Corner with Danielle (1) 3:00 Humour Therapy (2)	10:30 Elim Christian Fellowship (CH) 18 11:00 1:1 visits & Montessori 2:00 20 Clues (1) 2:00 Blackjack (2) 3:00 Lukes (1) 3:00 Painter's Treehouse (2)	10:00 Autumn Crafts (1) 19 10:00 Spa Day – Hand Care (2) 11:00 1:1 visits & Montessori 11:00 Stronger U Exercises 2:00 Flash Bingo (B) 3:00 Inspirational Stories (1) 3:00 Balloon Games (2)	10:00 Yahtzee (1) 20 10:00 Brush to Canvas (2) 11:00 1:1 visits & Montessori 2:00 Knitting with Ashley (1) 2:00 Men's Club (2) 3:00 Penny Toss (1) 3:00 Crafter's Corner with Chelsea (2)	10:00 Blackjack (1) 21 10:00 Balloon Badminton (2) 11:00 1:1 visits & Montessori 2:00 Tai Chi with Dan (1) 3:00 Music & Memories (1 & 2)	10:00 History of Dogs (1) 22 10:00 Autumn Colouring (2) 2:00 Music Entertainment with Bonnie James! (1) 3:00 Stag Games (1) 3:00 Name that Tune (2)	10:00 Bingo! (B) 23 11:00 1:1 visits & Montessori 2:00 Holiday Paintings (1) 3:00 Spa Day – Hand Massages (1)
10:15 Central Community Church 24 10:15 1:1 visits & Montessori 11:00 Catholic Communion 2:00 Word Search Puzzles (1) 3:00 Critter Toss (2)	10:30 Elim Christian Fellowship (CH) 25 11:00 1:1 visits & Montessori 2:00 Hole in One (1) 2:00 Creative Colouring (2) 3:00 Chicken Soup for the Soul – Stories (1) 3:00 Trivia (2)	10:00 Minutes to Win It (B) 26 11:00 1:1 visits & Montessori 11:00 Stronger U Exercises (1) 2:00 Flash Bingo (B) 3:00 Spa Day – Manicures (B)	10:00 Brain Busters (1) 27 10:00 Chicken Soup for the Soul – stories (2) 11:00 1:1 visits & Montessori 2:00 Pizza Hut Trip (o) 3:00 Travelogue (1) 3:00 Spa Day – Hand Massages (2)	10:00 Horse Racing (1) 28 10:00 Crafter's Corner with Chelsea (2) 11:00 1:1 visits & Montessori 2:00 Heartbeats Club with Tammy (1) 3:00 Music & Memories (1) Thanksgiving Day (US)	10:00 Bowling Alley - Tournament (B) 29 11:00 1:1 visits & Montessori 2:00 Monthly Birthday Party (B) 3:00 Hard Targets (1) 3:00 Card Games (2)	10:00 Bingo! (B) 30 11:00 1:1 visits & Montessori 2:00 Baker's Club (B) 3:00 Movie Matinee with Popcorn (1 & 2)

Legend: (1) = 1st floor; (2) = 2nd floor; CH = spiritual area; B = basement; © = Courtyard; O = Outdoors

